



CHURCH OF ST. THERESE, THE LITTLE FLOWER

Sunday, July 21st, 2024

Fr. Kenneth Phillips,

Pastor:

kphillips@bismarckdiocese.com

Deacon Stephen Young:

deaconstevebismarck@gmail.com

STAFF:

Parish Secretary:

Jill Aarseth

LittleFlowerMinot@gmail.com

Accounts Manager:

Kathy Wentz

LittleFlowerFinance@srt.com

Publications/Website:

Melissa Olson

LittleFlowerParish@gmail.com

Music Director:

Paul Nason

nason.paul@gmail.com

**Religious Education/Catechesis
of the Good Shepherd:**

Dione Bohl & Paula Rudser-
Stolba

(701) 838.1520

Bishop Ryan Catholic School:

Jaimie Brunner

(701) 838.3355

jbrunner@brhs.com

www.LittleFlowerMinot.com



**FIND US ON
FACEBOOK**



MYPARISH APP



THEY WERE LIKE SHEEP WITHOUT A SHEPHERD.
- MK 6:34

16TH SUNDAY IN ORDINARY TIME

**Church of St. Therese,
the Little Flower**

MAILING ADDRESS

800 University Avenue West
Minot, ND 58703

PHONE

Office: (701) 838.1520
Rectory: (701) 837.5943

WEBSITE

www.LittleFlowerMinot.com

EMAIL

LittleFlowerMinot@gmail.com

OFFICE HOURS

Monday—Thursday:
8:30 a.m.—3:00 p.m.

*Deadline for content in the
weekly bulletin is noon on
Mondays*

**WEEKEND MASS
SCHEDULE**

Saturday: 4:30 p.m.

(Confession 3:15 p.m. - 4:15
p.m.)

**Sunday: Mass 8:30 a.m. &
10:00 a.m.**

(Confession 7:30 a.m.-8:15
a.m. & 9:35 a.m.-9:50 a.m.)

**WEEKDAY MASS
SCHEDULE**

Tuesday –Friday: Mass 8:00
a.m. (Confession 7:30 a.m. -
7:50 a.m.)

*Confession can be heard
anytime outside of listed times
by appointment*

**EUCCHARISTIC ADORATION
SUMMER HOURS**

Wednesdays after 8:00 a.m.
Mass until 4:00 p.m.

**The Daily Mass and Sunday
8:30 a.m. Mass are broadcast
on our YouTube channel. Go
to our parish website
homepage to find the direct
link.**

THIS WEEK

Monday, July 22nd

Tuesday, July 23rd

8:00 a.m. Mass: † Arlene Pishtek by Linda Aleshire

Wednesday, July 24th

8:00 a.m. Mass: † Jay Hight by Memorials

8:30 a.m.—4:00 p.m. Eucharistic Adoration

Thursday, July 25th

No Public Mass: *Mary Oen by David & Linda Aleshire

Friday, July 26th

No Public Mass: *†Matthew Klein by Memorials

Saturday, July 27th

4:30 p.m. Mass: †Pat Limke by Paul & Wanda Kalamaha

Sunday, July 28th

8:30 a.m. Mass: †Renae McDonald by LaRae McDonald

10:00 a.m. Mass: Private Intention by Fr. Krebs

†: Indicates deceased

*Mass intention said privately by Fr. Phillips while he is away

Gospel Meditation

July 21, 2024

16th Sunday in Ordinary Time

Burnout. Recent studies suggest that roughly two-thirds of doctors and nurses have signs of it. You probably know what burnout is: long-term stress leading to emotional exhaustion and a lack of a sense of personal accomplishment. Burnout can threaten anyone who tries to seriously serve and love others. How does our faith inform this challenging experience, and how do we find refreshment?

The apostles face something like burnout this week in Mark 6. They are run down from their missionary work, and Jesus says, "Come away by yourselves to a lonely place, and rest a while." For them, and for us, it takes humility to intentionally rest. It means the world can go on without us. It stings our pride to admit God is necessary and we are not. Choosing to leave our good work to be with him — whatever the cost — is an act of humble faith. And that trust in God begins to revive us.

But there's more to it. Hilariously, Mark tells us that throngs of needy people find out where the apostles are going and arrive ahead of them. Imagine the exasperation of the burnt-out apostles. "Can we please get a minute to ourselves? This is not healthy!" And Jesus seems to encourage the boundary violation by telling his frayed followers to feed the crowd. Look: once we move into humble rest, he calls us to more work, because we are made for love, not for rest. But Jesus does the vast bulk of the labor. He himself is the one who multiplies the small offering until everyone is satisfied. What finally gives our heart rest isn't more vacation time. It's experiencing the super abundant generosity of God for us and those whom we serve.

— Father John Muir ©LPi



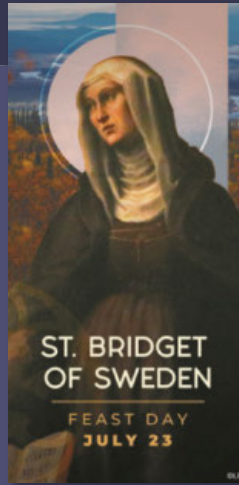
Saint of the Week

Saint Bridget or Birgitta was born in 1303, the daughter of Birger Petersson, governor of Uppland and his wife Ingeborg Bengtsdotter. She was married to Ulf Gudmarsson, who became governor of the province of Nericia. They had eight children, all of whom survived past infancy which was rare for the 12th century. One of their daughters would become St. Catherine of Sweden.

Saint Bridget was hailed as a mystic and her visions, which began in her early childhood when she had visions of Christ Crucified, made her somewhat of a Middle Ages celebrity. Her vision of the Nativity of Jesus even influenced the art of the Nativity through the Baroque era! She is said to have predicted the Vatican State. Saint Bridget's Revelations, which she dictated to Peter Olafsson, the prior at the Cistercian monastery of Alvastra near which she retired after her husband's death in 1344, were published in 1492. They have since been published in many languages and can still be purchased today.

Some of her most profound visions regarded the founding of a new religious order which would be primarily for women, ruled by an abbess, but with a separate house for monks who would serve as order chaplains. Her visions detailed everything from the abbey church to the clothing that would be adopted as the nun's habit, and how the order would be ruled. King Magnus II of Sweden granted Bridget land and buildings. The order, called the Bridgettines or the Order of the Most Holy Savior was approved by Pope Urban V in 1370.

Saint Bridget was canonized in 1391 by Pope Boniface IX and in 1999 Pope John Paul II named her one of the Patron Saints of Europe.



OBSERVANCES FOR THE WEEK OF JULY 21, 2024

Sunday: 16th Sunday in Ordinary Time
 Monday: St. Mary Magdalene
 Tuesday: St. Bridget, Religious
 Wednesday: St. Sharbel Makhlūf, Priest
 Thursday: St. James, Apostle
 Friday: Sts. Joachim and Anne, Parents of the Blessed Virgin Mary
 Next Sunday: 17th Sunday in Ordinary Time

Catholic Trivia

Question: What do Catholics call the eve of a feast day?

(Find the answer elsewhere in this bulletin!)

FIRST SATURDAY DEVOTION

All are welcome to the First Saturday Devotion on August 3rd, 2024, at St Leo the Great Catholic Church, Minot. Exposition of the Blessed Sacrament will begin at 9:30 AM, followed by confessions; and Mass will begin at 10:30 AM.

Mass Ministry Schedule for July 27th & 28th

	Saturday 4:30 p.m.	Sunday 8:30 a.m.	Sunday 10:00 a.m.
Rosary Leader	Cindy Obenchain	Carolyn Johnson	Paula Wahl
Greeter	Bob & Christine Greene	Karen McDonald Debby Brothers	Paula Rudser-Stolba Family
Altar Servers	Max Stenberg Camden Lee	Edward Wall	Dakota Johnson
Lector	Amy Lee	Carolyn Johnson	Paula Rudser-Stolba
Eucharistic Minister	Tracy Christen	Jerry Aarseth	
In-Home Ministry	Deb Mellum		
Scrip Sales	Volunteer Needed	Volunteer Needed	Paula Rudser-Stolba

Ministry schedules can be found on our parish website under the **Office/ Ministries** tab. If you are unable to serve on your assigned day, please find a replacement and contact the parish office.

We always welcome new Mass Ministry volunteers! Contact the parish office or fill out the form on our website by clicking the sign-up form link above the ministry schedules.

RIGHT TO LIFE FAIR BOOTH VOLUNTEERS NEEDED

North Dakota Right to Life is looking for volunteers for our booth at the ND State Fair. Please consider volunteering and bringing a friend as we require 2 people there at all times. If you are interested in volunteering, please call 701-955-8239 or email director@ndrl.org. The building we are in is air conditioned!

DAKOTA HOPE CLINIC NEWS

Save the Dates for Dakota Hope Clinic Events

Fall Fundraising Banquets – Sunday, Sept. 15 in Bottineau, Monday, Sept. 16 in Minot, and Tuesday, Sept. 17 in Tioga. Speaker will be Jean Marie Davis and her son.

Formerly a human trafficking victim, Jean is now the Executive Director of a Pregnancy Help Center in Vermont.

Festival of Trees – Nov. 22-23

Become a VIP - Join us as a VIP table host at one of our September fundraising banquets in Minot, Bottineau, or Tioga. By simply inviting your friends and neighbors to enjoy a great meal and hear from a speaker who has firsthand experience with human trafficking and now directs a Pregnancy Help Center, you can make a significant difference. Your involvement will not only elevate your status but also amplify our cause to support pregnant couples and their unborn children. There is no cost – just check the Table Host Box when you register for the Banquet. Take action now and be a catalyst for change in our community. Call 701-852-4675 or go to dakotahope.org/events/get-involved/



PREVIOUS ST. JOHN RECTORY FOR SALE

The previous rectory at St. John the Apostle Catholic Church in Minot is for sale! The address of the house is 109 25th St NW Minot, ND 58703. List price is \$305,000. If you are interested in being close to the church and are in the market for a home, call St. John the Apostle parish office for more information and ask for the Business Manager, Luke. 701-839-7076.

WATCH A LOCAL MASS ON TV

For those who want to watch the Mass from home but have no access to the internet, or just prefer to watch on television, BEK TV is broadcasting the Mass from the Cathedral on Sundays at 8 a.m. CT. These LIVE broadcasts can be viewed on the television channels listed below.

Channel Listings for BEK TV (Western ND):

Over-the-Air	Ch. 24.1 KNDM (Minot/Williston)
Midco	Ch. 609 (Bismarck/Dickinson) Ch. 612 (Minot/Williston)
Direct TV	Ch. 26
Dish Network	Ch. 24

Catholic Trivia Answer: A Vigil

ST. VINCENT DE PAUL MESSAGE

In this Sunday's Gospel, Jesus tells his disciples to "Come away by yourselves to a deserted place and rest a while."

Vincent de Paul, a great man of action was also a contemplative. His contemplation of God's love overflowed into practical love for the poor.

Please say a special prayer for the poor and forgotten, as you make your gift to the Society of St. Vincent de Paul.

SVdP meetings are held in St. Leo's Catholic Church basement on the 1st & 3rd Tuesdays of the month beginning with a rosary at 5:10 PM followed by the meeting at 5:30 PM. (701)833-1269

SUMMER CONCERT AND REFLECTION AT ST. JOHN AUGUST 18TH

Let the Holy Spirit minister to you during this moving evening with Paul Koleske, inspirational singer, songwriter, and recording artist. Paul's music and message offers an exceptional listening experience that speaks to the mind, touches the heart, and enlivens the spirit! He is also a renowned speaker. This is no ordinary concert; you will feel as though you are on a retreat. Doors open at 6:00 p.m. and concert starts at 6:30 p.m.

SAVE THE DATE!

FRIDAY, AUGUST 2ND, 2024

10TH ANNUAL NATHAN ARTZ MEMORIAL BLOOD DRIVE

at Little Flower



Give blood and save life! Thanks be to God we are celebrating the life of Nathan Artz once again this summer. Little Flower Catholic Church will be hosting the 10th blood drive in memory of Nathan on Friday, August 2, 2024 from 9:00 a.m. to 3:00 p.m. Nathan planned the first blood drive as he had immense appreciation for and prayed for all of his blood donors. We are approaching 1000 units of blood from Nathan's blood drives.

To further celebrate this 10th blood drive, we will also be hosting a food drive. Blood donors are invited to bring nonperishable food items to Little Flower Catholic Church during the blood drive. All food collected will be distributed within the Minot community.

Come celebrate the miracle of life with us. **To schedule an appointment for donating blood, call Brenda at 263-7531.**

MASS SCHEDULE

PLEASE MAKE NOTE OF THESE SCHEDULE CHANGES FOR JULY 23RD—AUGUST 2ND

Father Ken will be at Mayo Clinic with his dad from 7/21-7/24, and then on vacation following that until 8/2.

Father Patrick Cunningham will be here for Confession and Mass on Tuesday, July 23rd and Wednesday, July 24th while Father Ken is gone.

NOTE: There **WILL** BE Adoration on **Wednesday, July 24th** from 8:30am-4:00pm.

Father Bruce Krebs will be here for Confessions and Mass on Saturday, July 27th and Sunday, July 28th while Father Ken is gone.



If angels could be jealous of men,
they would be so for one
reason: Holy Communion.

- ST. MAXIMILIAN KOLBE

CLPI

Bishop Ryan Catholic School News

Now Hiring! Bishop Ryan Catholic School is currently accepting applications for the following positions for the upcoming 2024-2025 school year: **Spanish Teacher, Elementary Teacher, and Middle School/High School Music Instructor.** For more information on these positions, including how to apply, please visit bishopyryan.com/employment.

SCRIP NEWS: Remember to use Scrip gift cards for gifts, and to pay for your purchases. Scrip Gift Cards are available after the weekend Masses, in the parish office, and at Bishop Ryan, and you can use them for Amazon orders, groceries, gas, dining out, household supplies, clothing, furniture, vehicles, tires and accessories, building & remodeling, eye care, bikes, and more. The more Scrip gift cards you use, the more support goes towards Catholic education in Minot, so continue using Scrip gift cards as gifts and to pay for your purchases. We are so grateful for your support!





701.839.0989
524 31st Avenue SW • Minot, ND
www.minotsfinest.com
Proudly serving Minot & MAFB for over 30 years!



WWW.DRIVERYAN.COM

ThompsonLarson
Funeral Homes
(701) 852-3446
www.thompsonlarson.com

LET'S GROW YOUR BUSINESS
Place Your Ad Here and Support Our Parish!

CONTACT ME Catherine Schade

Cschade4LPi.com
(800) 950-9952 x7376



www.ikeatingfurniture.com
(701) 852-3536
Don't Sleep in Church... Sleep on a Tempur-Pedic

(701) 852-2181
7000 Hwy 2 East
Kitchen Cabinets • Millwork
Decorative Doors • Windows
Vanities • Office Fixtures & Furniture
MYRON FEIST



701-841-4381
Tree Removal & Stump Grinding




Minot, ND • 701.838.0225
Residential • Commercial • Industrial


catholicmatch®
North Dakota
CatholicMatch.com/ND




ED STECKLER
Parishioner
701-720-1861



The Learning Tree
The Learning Tree exists to provide a safe, developmentally appropriate environment for children ages 6 weeks to 12 years old. Our goal is to support children's desire to be life-long learners.



The Learning Tree at Little Flower
800 University Ave W.
Established in 2015
by Susan & Kevin Cross


www.TheLearningTreeND.com

No matter your business, and no matter your balance when talking about your finances you deserve *Accessible Expertise.*



CORNERSTONE BANK

701-858-0777
3816 S. Broadway
Minot, ND




MIKE PELLENWESSEL
Broker/Owner
cell: 833-8430 • office: 852-4663

Simple Works Contracting
Licensed & Insured
Home Improvements & Carpentry
Cabinetry • Framing • Roofing • Siding
Decks • Flooring • Windows • Doors
Trim • Sheetrock • Texture • Painting
Luke | 701-833-2106 | Minot, ND

The Modest Hare




Kelsy Audet
HAIRSTYLIST
(701) 578-5231

Men, Women, & Children Welcome!
Tues-Fri 2pm-7pm, Sat 9am-2pm
by appointment

[The Modest Hare](https://www.facebook.com/TheModestHare) [@TheModestHare](https://www.instagram.com/TheModestHare)

24/7 Emergency Services
CLEANTECH
Minot: 701.839.8811
• Restoration • Cleaning • Construction



www.somersetcourt.com
1900 28th St. SW • Minot, ND
(701) 838-4500
Come for a Tour & Stay for Lunch
Living Life to the Fullest!

Place Your Ad Here and Support our Parish!
Instantly create and purchase an ad with

AD CREATOR STUDIO



4lpi.com/adcreator




FIRST INTERNATIONAL BANK & TRUST
Member FDIC
live first®

INDEPENDENT MENTAL HEALTH PROVIDER
Eaton & Associates • Children • Teens • Adults • Family

Mary Solberg, PhD LCSW
ADHD • Anxiety • Crisis Counseling • Depression • Grief
Individual/Couples Mental Illness • Military • Trauma ...
1705 4th Avenue NW, Minot, ND
(701) 578-4491 (text)
(701) 839-0474 (Office)



From Field to Market
TRUCKS • TRACTORS
TRAILERS • IMPLEMENTS
TOWERS • TOY HAULERS

Family Owned and Operated Serving The Minot Area Since 1997
Truck Shop - 1604 20th Ave SE
Tractor Shop - 4400 E Burdick Expy
701-852-5481
<http://www.dakotatruckandfarm.com>



***Oil Change \$39.95 - Get 10th FREE**
***Alignments \$99.95**
***Aftermarket Wheels *Lift Kits**
701-838-1823
<https://harrystireservice.com>



ADT-Monitored Home Security
Get 24-Hour Protection From a Name You Can Trust

- Burglary
- Flood Detection
- Fire Safety
- Carbon Monoxide

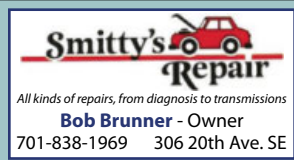
833-287-3502




SUPPORT OUR PARISH

JESSEN ROOFING
Gravel Asphalt Roofs • Single Ply Rubber Roof Systems
Serving Minot For 40+ Years
www.jessenroofing.com • 701-838-2687

We Do Shingles Too!



Smitty's Repair
All kinds of repairs, from diagnosis to transmissions
Bob Brunner - Owner
701-838-1969 306 20th Ave. SE