

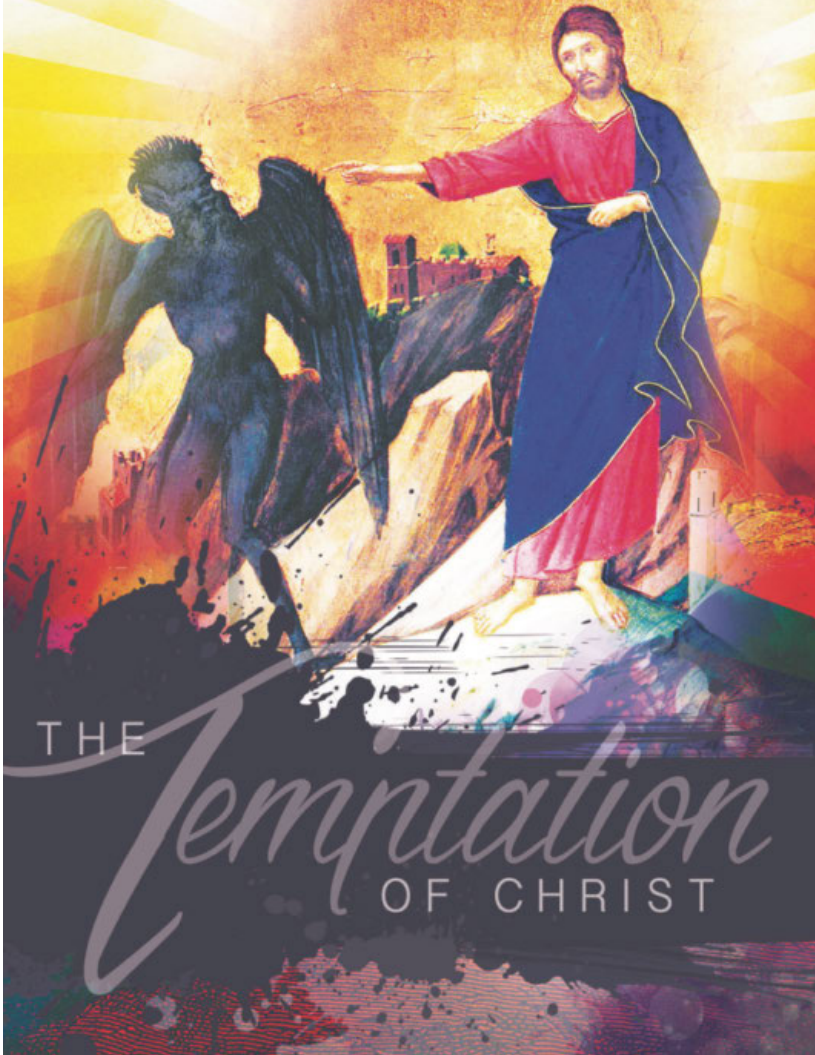
March 9th, 2025
1ST SUNDAY OF LENT

CHURCH OF ST. THERESE, THE LITTLE FLOWER

Minot, North Dakota



FIRST SUNDAY OF LENT



THIS WEEK:

Monday, March 10th

Nothing Scheduled

Tuesday, March 11th

8:00 a.m.: Mass

5:00 p.m. Environment Committee

Wednesday, March 12th

8:00 a.m.: Mass

8:30 a.m. - 6:30 p.m.: Eucharistic Adoration

6:00 p.m.: Youth Religious Education

6:15 p.m.: Rosary

Thursday, March 13th

8:00 a.m.: Mass

Friday, March 14th

8:00 a.m.: Mass

5:30 p.m.: KC Soup & Sandwich Supper

5:50 p.m. - 6:20 p.m.: Confession

6:30 p.m.: Stations of the Cross

Saturday, March 15th

Mass: 4:30 p.m.

Sunday, March 16th

Mass: 8:30 a.m. & 10:00 a.m.

1:00 p.m.: Basic Catholic Beliefs Class

DAILY MASS: TUES-FRI 8AM

SATURDAY VIGIL MASS: 4:30PM

SUNDAY MASS: 8:30AM & 10AM

EUCCHARISTIC ADORATION: WEDNESDAYS 8:30AM-6:30PM

FR. KENNETH PHILLIPS, PASTOR:
kphillips@bismarckdiocese.com

DEACON STEPHEN YOUNG:
deaconstevebismarck@gmail.com

GOSPEL MEDITATION

March 9, 2025
1st Sunday of Lent
Luke 4:1-13

One of the most fascinating moments in American history is when George Washington could have become the king of the newly liberated United States and didn't. At the height of his power and fame, on Dec. 23, 1783, he resigned his commission as Commander-in-Chief, and went home. The astonished King of England remarked that in doing so, Washington was "the greatest man in the world." Greatness is often defined by what we could do but don't. Greatness is measured by the temptations we overcome.

Jesus' greatness is revealed in his victory over temptations, too. The three offered him by the devil contain, we might say, all potential possible temptations: food, power and fame. They correspond to the triple human needs of body, soul and spirit. In overcoming these three, he says "no" in essence to every and even the greatest temptation. We see that every desire of his humanity — body, soul and spirit — is perfectly united to God, to love. This is a power available to each member of his body. It is the path to true greatness. How can we, who so easily fall into even small temptations, find the power to overcome large ones? By entering into the great dynamics of Jesus' temptations.

Lenten challenge: This first week of Lent, list some concrete ways you can overcome temptations that correspond with your desires. For example, you may give up snacks between meals, choose not to participate in an activity of which you are an expert, and decide to reduce social media posting by 50%. It may not seem like much, but by saying "no" to the tyranny of food, power, and fame (in this example), you'll discover true greatness.

— Father John Muir ©LPI

OBSERVANCES FOR THE WEEK OF MARCH 9, 2025

Sunday: 1st Sunday of Lent; Daylight Saving Time begins
Next Sunday: 2nd Sunday of Lent

MASS INTENTIONS

TUESDAY, MARCH 11TH

8:00 a.m. +John Gerle by Jerome & Karen Hager

WEDNESDAY, MARCH 12TH

8:00 a.m. +Roger & Mary Krogman by Lisa Krogman

THURSDAY, MARCH 13TH

8:00 a.m. +Ernest A LeBlanc by Jerome & Karen Hager

FRIDAY, MARCH 14TH

8:00 a.m. +Harvey Wittmayer by Bob & Brenda Artz

SATURDAY, MARCH 15TH

4:30 p.m. +Frank Visconti by Jeanette Mapes

SUNDAY, MARCH 16TH

8:30 a.m. For the Parish

10:00 am +Gayle Collette by The Fiedler Family

+Indicates Deceased

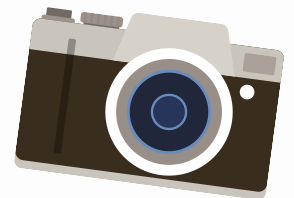
NEW CHURCH PHOTO DIRECTORY

The four Minot parish pastors have determined it is time for new parish pictorial church directories.

Little Flower photography dates:

APRIL 3, 4, 7, 8: 2PM-8:30PM

APRIL 5: 10AM-4:30PM



We need help to sign up families and host/hostess the photography sessions. There is no cost to our parishioners to have your photos taken. You will be offered an opportunity to purchase your pictures. Contact the parish office at 838-1520 or by email at LittleFlowerMinot@gmail.com to volunteer or for more information.

PARISH OFFICE HOURS:
MON-THURS 8:30AM-3PM

PARISH OFFICE: 701.838.1520
RECTORY: 701.837.5943

PARISH EMAIL: LITTLEFLOWERMINOT@GMAIL.COM
WWW.LITTLEFLOWERMINOT.COM

MAILING ADDRESS:
800 UNIVERSITY AVE. WEST
MINOT, ND 58703

STAFF:

Parish Secretary: Jill Aarseth LittleFlowerMinot@gmail.com

Accounts Manager: Kathy Wentz:
LittleFlowerFinance@srt.com

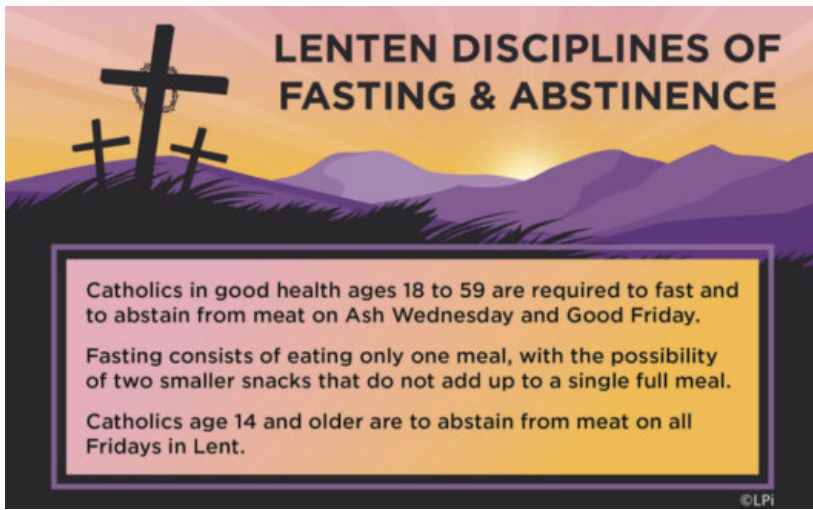
Publications/Website: Melissa Olson
LittleFlowerParish@gmail.com

Music Director: Paul Nason
nason.paul@gmail.com

Religious Education/Catechesis of the Good Shepherd:

Dione Bohl & Paula Rudser-Stolba (701) 838.1520

Bishop Ryan Catholic School: Jaimie Brunner
(701) 838.3355; jbrunner@brhs.com



LENTEN DISCIPLINES OF FASTING & ABSTINENCE

Catholics in good health ages 18 to 59 are required to fast and to abstain from meat on Ash Wednesday and Good Friday.

Fasting consists of eating only one meal, with the possibility of two smaller snacks that do not add up to a single full meal.

Catholics age 14 and older are to abstain from meat on all Fridays in Lent.

©LPI

SOUP & SANDWICH SUPPERS

Our Little Flower Knights of Columbus will once again serve up soup & sandwiches on most Fridays during Lent prior to Stations of the Cross. Suppers will start at 5:30 p.m. in the gathering space. Check the calendar for any updates!



STATIONS OF THE CROSS

Most Fridays during Lent at
6:30 p.m.

(Please check the weekly schedule for any changes)

Fr. Phillips will hear confessions prior to Stations of the Cross from 5:50 p.m. to 6:20 p.m.

(PRACTICING) CATHOLIC

WHAT THE DEVIL DOESN'T HAVE

The devil knows all the rules. The devil knows all the Bible verses. He probably knows them better than you do (certainly better than I do). He knows them so well that here, in today's Gospel, he thinks he can outsmart the Son of God. He thinks he can out-argue him.

See, the thing you need to know about the devil is that he could have a master's degree in theology. Maybe even a doctorate. But have you ever met a master's student, or even a doctoral one, who doesn't have a particular passion for what they're studying? I sure have.

The devil didn't rebel against God because he didn't understand God's will. He rebelled because he understood God's will perfectly — and he didn't like it.

The devil knows that Jesus is human, and so in today's Gospel he employs all the very best tricks he has for getting humans to break. Physical hunger. Insecurity and a desire for power. The yearning to appear learned and wise. The devil will try these things with us, too — this Lent, and throughout our lives.

It doesn't work with Jesus, because, of course, Jesus is not just human. He can feel temptation, but he will not submit to it. But how are we supposed to do the same? We're not divine. We're just human.

Well, here's the thing. We may be only human, but as Christians, we have a secret weapon. (No, it's not a master's degree in theology. Some of you may have that, but it probably doesn't make you holier.)

We have a love of what the devil has renounced — those things belonging solely to God. Truth. Joy. Humility. Sanctifying sacrifice.

Let the love of those things carry you through this Lent, and beyond. *Colleen Jurkiewicz Dorman ©LPI*

MASS MINISTRY SCHEDULES FOR MARCH 15TH & 16TH

	Saturday 4:30 p.m.	Sunday 8:30 a.m.	Sunday 10:00 a.m.
Rosary	Varden Lang	Dione Bohl	Barb Johnson
Greeters	Bob & Christine Greene	Carolyn Johnson Diane Wittmayer	Arlene Fiedler
Altar Servers	Camden Lee Max Stenberg	Frances Olson Calvin Olson	Danica Stolba Luke Bacor
Lector	Amy Lee	Perry Olson	Kelsy Audet
Eucharistic Minister	LouAnn Fleck	Lisa Krogman	
In-Home Ministry	Deacon Stephen Young		
Scrip Sales	Bob & Christine Greene	Melissa Olson	Paula Rudser-Stolba

ATTENTION MASS

MINISTERS:
OUR PARISH OFFICE IS WORKING ON THE MINISTRY SCHEDULES FOR APRIL AND MAY. PLEASE LET JILL IN THE PARISH OFFICE KNOW IF YOU WILL BE GONE FOR ANY OF THOSE WEEKENDS.

ANOINTING OF THE SICK

If anyone is preparing for surgery or is hospitalized or wishing to receive the anointing of the sick, please call the parish office (701-838-1520) or rectory (701-837-5943) to set up an appointment. You can receive this sacrament more than once. Please notify Fr. Phillips upon admission of a family member to the hospital.

CONFESSION TIMES

TUES-FRI: 7:30AM-7:50AM
SAT: 3:15PM-4:15PM
SUNDAY: 7:30AM-8:15AM; 9:30AM-9:50AM
Confession can be heard anytime outside of listed times by appointment: 837.5943

BISHOP RYAN CATHOLIC SCHOOL NEWS

Now Hiring! Bishop Ryan Catholic School is currently accepting applications for the following positions for the 2024-2025 school year: **Middle School/High School Music Instructor, Varsity Volleyball Coach, and JV Baseball Coach.** For more information on these positions, including how to apply, please visit bishopryan.com/employment.



Scrip Gift Cards make the best gifts, giving the recipient the opportunity to purchase the gift of their choice. Scrip Gift Cards are available after the weekend Masses, in the parish office, and at Bishop Ryan, and you can use them for Amazon orders, groceries, gas, dining out, household supplies, clothing, furniture, vehicles, tires and accessories, building & remodeling, eye care, bikes, and more. The more Scrip gift cards you use, the more support goes towards Catholic education in Minot, so continue using Scrip gift cards as gifts and to pay for your purchases. We are so grateful for your support!

CATECHESIS OF THE GOOD SHEPHERD LEVEL I TRAINING

Catechesis of the Good Shepherd Level I training will take place this summer and next summer at Our Lady of Grace Catholic Church. Part A is July 14-19, 2025, and Part B is July 13-18, 2026. For more information, contact Diane Huck at 701-204-7206 or dhuck@bismarckdiocese.com.



SCAN THE QR CODE TO REGISTER FOR CGS TRAINING

CATHOLIC DAUGHTERS MEETING

Catholic Daughters will meet on Tuesday, March 11, 2025 at 5:30 PM at Our Lady of Grace church. This will be the first meeting of the new year. All members are encouraged and invited to attend. New members are welcome. A light lunch will be served during the meeting. Mass will begin at 7:00 PM following the meeting.

ST. VINCENT DE PAUL SOCIETY

Society of Saint Vincent de Paul meetings are held in St. Leo's Catholic Church basement on the 1st & 3rd Tuesdays of the month beginning with a rosary at 5:10 PM followed by the meeting at 5:30 PM. If you would like to attend a meeting, please call Janel at (701) 557-3919 for assistance in entering the church as the doors of St. Leo's are locked except for Mass times.

NFP INSTRUCTORS NEEDED

If you or someone you know feels called to become an NFP instructor for the Bismarck Diocese, we'd love to hear from you. The process includes a background check and other questions, to determine the applicant's suitability. Following a screening process, the applicant may be able to obtain certification to teach a USCCB approved method of NFP through the method's specific training. Please contact Amanda or Katie at the Bismarck Diocese at 701-222-3035.

Knights of Columbus
4th Degree Assembly 787

FISH FRY

Serving:
Cod
Mashed Potatoes
Gravy
Vegetable
Coleslaw
Dinner Roll
Dessert

Friday, March 28
5:00 to 7:30 PM
Our Lady of Grace * 707 16th Ave. SW, Minot

13 to Adult: \$18 5-12 yrs: \$10

Take-Out Meals Available

Sign Up for Your Photo Directory Picture



**SCAN THE QR CODE OR GO TO UCDIR.COM TO CLAIM YOUR PHOTO TIME!
CHURCH CODE: ND149 PASSWORD: PHOTOS**



KNIGHTS OF COLUMBUS NEWS

Family, Friends, & Brother Knights

I pray that you are all doing well, keeping Jesus in your heart and part of your daily life and what better way to get closer to god with lent coming up. Really dive deep into your faith life by not just giving something up but maybe by adding to your life, maybe attending Daily Mass, signing up for weekly adoration, or as simple as getting up early and having quite prayer time in the morning. Get creative, with families you could have family prayer time or you and your spouse could tackle something together for Lent. Whatever you choose, do it in honor and sacrifice for our Lord, for He made the ultimate sacrifice for you.

Our knights will be serving up soup and sandwiches again! During Lent our parish will be having Stations of the Cross every Friday evening at 6:30 and our knights will be serving soup and sandwiches in the gathering space of the church at 5:30 until stations begin. All are welcome to join with friends and family and enjoy a meal before attending a spiritual pilgrimage of the Stations of the Cross. Will not be serving on March 28th or April 4th.

Thank you all you attended our last breakfast, we had a wonderful turnout of family, friends, and brother knights who had a delicious meal while enjoying each other's company, with the proceeds going towards the Special Olympics.

Come join us for our shamrock breakfast March 9th from 8:30-12:00 which will be supporting The Home on the Range. Hope to see you there!

We want to recognize Crosby Miller as our Server of the Month, his two sisters have been serving in the past and we are excited that he has stepped up to join them and look forward to him as he grows in his faith. Our Knight of the Month you all know, you hear him playing our beautiful church music and we want to thank Paul Nason for all he does for the parish and our knights group. Our family of the month is Paul & Wanda Kalamaha, I was blessed to spend some extra time with the two of them this past month and was able to hear about their very special family.

Our knights want to thank those for all that they do and are truly blessed that they are part of our parish family and will be praying for them.

Thank You and God Bless!
Knights of Columbus Council #9839, Grand Knight, Luke Audet

BREAKFAST AT LITTLE FLOWER

Sunday, March 9th, 2025
8:30 a.m. - Noon

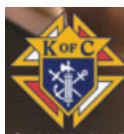


On the Menu:

French toast, scrambled eggs, sausage, biscuits & gravy, muffins, coffee & juice

A free will donation will be accepted to benefit:
Home on the Range

Breakfast Served by The Little Flower
Knights of Columbus Council 9839



Knights of Columbus®

St. John the Apostle #1150

Breakfast Sunday,
March 16th

St. John the Apostle
9am-Noon

Menu:

Pancakes, French Toast
(*Gluten-Free French Toast will be available), Sausage, Scrambled Eggs, Juice, Milk & Coffee

Free-will offering to support:
Home on the Range & Special Olympics



FIND OUR PARISH ON SOCIAL MEDIA



LIKE US ON FACEBOOK



DOWNLOAD THE MYPARISH APP AND SET ST. THERESE AS YOUR HOME PARISH



YouTube

DAILY MASS AND SUNDAY 8:30 AM MASS BROADCAST ON YOUTUBE

MINOT'S *Finest* COLLISION CENTER
 701.839.0989
 524 31st Avenue SW • Minot, ND
 www.minotsfine.com
 Proudly serving Minot & MAFB for over 30 years!

RYAN
 FAMILY DEALERSHIPS
DRIVERYAN.COM

ThompsonLarson
 Funeral Homes
 (701) 852-3446
 www.thompsonlarson.com

LET'S GROW YOUR BUSINESS
 Place Your Ad Here and Support Our Parish!
CONTACT ME Catherine Schade
 Cschade4LPi.com
 (800) 950-9952 x7376

Fireside Office Solutions
 1713 E. Bismarck Expressway
 Bismarck, ND 58504
 701.258.6006
 www.FIRESIDES.COM

CLUTE Office Equipment Inc.
 17 East Central Avenue
 Minot, ND 58701
 701.838.2624

Keating Furniture WORLD
 www.ikeatingfurniture.com
 (701) 852-3536
 Don't Sleep in Church... Sleep on a Tempur-Pedic

(701) 852-2181
 7000 Hwy 2 East
 Kitchen Cabinets • Millwork
 Decorative Doors • Windows
 Vanities • Office Fixtures & Furniture
MYRON FEIST

WE APPRECIATE OUR ADVERTISERS!

gefroh electric
 Minot, ND • 701.838.0225
 Residential • Commercial • Industrial

catholicmatch®
 North Dakota
CatholicMatch.com/ND

COLDWELL BANKER
 1ST MINOT REALTY, INC.
ED STECKLER
 Parishioner
 701-720-1861

The Learning Tree
 The Learning Tree exists to provide a safe, developmentally appropriate environment for children ages 6 weeks to 12 years old. Our goal is to support children's desire to be life-long learners.

The Learning Tree at Little Flower
 800 University Ave W.
 Established in 2015
 by Susan & Kevin Cross

www.TheLearningTreeND.com

701-858-0777
 3816 S. Broadway
 Minot, ND

No matter your business, and no matter your balance when talking about your finances you deserve *Accessible Expertise.*
CORNERSTONE BANK

PREFERRED PARTNERS REAL ESTATE
MIKE PELLENWESSEL
 Broker/Owner
 cell: 833-8430 • office: 852-4663

Simple Works Contracting
 Licensed & Insured
Home Improvements & Carpentry
 Cabinetry • Framing • Roofing • Siding
 Decks • Flooring • Windows • Doors
 Trim • Sheetrock • Texture • Painting
Luke | 701-833-2106 | Minot, ND

The Modest Hare
Kelsy Audet
 HAIRSTYLIST
 (701) 578-5231
 Men, Women, & Children Welcome!
 Tues-Fri 2pm-7pm, Sat 9am-2pm
 by appointment
 f The Modest Hare @TheModestHare

FIRST INTERNATIONAL BANK & TRUST
 Member FDIC
live first®

SOMERSET COURT
 1900 28th St. SW • Minot, ND
 (701) 838-4500
 Come for a Tour & Stay for Lunch
Living Life to the Fullest!

Place Your Ad Here and Support our Parish!
 Instantly create and purchase an ad with
AD CREATOR STUDIO
 QR Code
4lpi.com/adcreator

INDEPENDENT MENTAL HEALTH PROVIDER
Eaton & Associates • Children • Teens • Adults • Family
Mary Solberg, PhD LCSW
 ADHD • Anxiety • Crisis Counseling • Depression • Grief
 Individual/Couples Mental Illness • Military • Trauma ...
 (701) 578-4491 (text)
 (701) 839-0474 (Office)
 1705 4th Avenue NW, Minot, ND

From Field to Market
 TRUCKS • TRACTORS • IMPLEMENTS • TRAILERS
D&F SERVICE
 Family Owned and Operated
 Serving The Minot Area
 Since 1997
 701-852-5481
 www.dakotatruckandfarm.com

HARRY'S TIRE SERVICE
 *Oil Change \$39.95 - Get 10th FREE
 *Alignments \$99.95
 *Aftermarket Wheels *Lift Kits
701-838-1823
 https://harrystireservice.com

ADT-Monitored Home Security
 Get 24-Hour Protection From a Name You Can Trust
 Burglary • Flood Detection • Fire Safety • Carbon Monoxide
 833-287-3502

JESSEN ROOFING
 Gravel Asphalt Roofs • Single Ply Rubber Roof Systems
 Serving Minot For 40+ Years
www.jessenroofing.com • 701-838-2687

Smitty's Repair
 All kinds of repairs, from diagnosis to transmissions
Bob Brunner - Owner
 701-838-1969 306 20th Ave. SE

SUPPORT OUR PARISH